

I'll Be Gentle

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Count: 32

Wall: 2

Level: Intermediate

Choreographer: Willie Brown [November 2017]

Music: 'I'll Be Gentle' - Paloma Faith feat. John Legend. 80 bpm approx.

Intro; 16 counts (11 secs approx) - on vocals

Extras; 1 x restart during wall 6 + 1 x tag end of wall 7

SECTION 1 - SIDE, BEHIND-SIDE-CROSS ROCK, RECOVER-SIDE-CROSS, $\frac{1}{4}$ - $\frac{1}{4}$ -POINT, SWAY

- 1,2 Step Right to Right side
- 2&3 Cross Left behind Right, step Right to Right side, rock Left over Right
- 4&5 Recover weight back on Right, step Left to Left side, cross Right over Left
- 6&7 Turn $\frac{1}{4}$ Right and step back on Left, turn $\frac{1}{4}$ Right and step Right to Right side, point Left toe to Left side [6]
- 8 Take weight on Left and sway to Left, turning upper body slightly to Left

SECTION 2 - $\frac{1}{4}$ SWEEP, CROSS-SIDE-BEHIND-SWEEP, BEHIND-SIDE-CROSS ROCK-SIDE ROCK-COASTER STEP

- 1 Taking weight on Right turn $\frac{1}{4}$ Right sweeping Left out and forward [9]
- 2&3& Cross Left over Right, step Right to Right side, cross Left behind Right, sweep Right out and back
- 4&5& Cross Right behind Left, step Left to Left side, Rock Right over Left, recover weight on Left
- 6& Rock Right out to Right side, recover weight on Left
- 7&8 Step back on Right, close Left beside Right, step forward on Right

SECTION 3 - $\frac{3}{4}$ PIVOT, $\frac{1}{2}$ HINGE, BALL CROSS, SIDE ROCK-CROSS-SIDE, $\frac{1}{2}$ HINGE, BALL CROSS

- 1& Step forward on Left, pivot $\frac{1}{2}$ Right taking weight on Right [3]
- 2 Turn another $\frac{1}{4}$ Right and step Left to Left side [6]
- 3 Keeping weight on your Left turn $\frac{1}{2}$ Right lifting Right leg slightly [12]
- &4 Step down on Right, cross Left over Right

****Restart here - during wall 6, facing 6 o'clock**

5&6 Rock Right out to Right side, recover weight on Left, cross Right over Left

7 Step Left to Left side and turn $\frac{1}{2}$ Right lifting Right leg slightly [6]

&8 Step down on Right, cross Left over Right

SECTION 4 - SIDE ROCK-CROSS, $\frac{1}{4}$ PIVOT, STEP FORWARD, $\frac{3}{4}$ PIVOT, SAILOR $\frac{1}{2}$ CROSS

1&2 Rock Right out to Right side, recover weight on Left, cross Right over Left

3&4 Rock out to Left on Left, pivot $\frac{1}{4}$ Right taking weight on Right, step forward on Left [9]

5&6 Step forward on Right, pivot $\frac{1}{2}$ Left taking weight on Left, turn another $\frac{1}{4}$ Left and step Right to Right side [12]

7&8 Cross Left behind Right, turn $\frac{1}{4}$ Left and step Right to Right side, turn another $\frac{1}{4}$ Left and cross Left over Right [6]

...START AGAIN...

Restart; After count 24 of wall 6, facing 6 o'clock - see above()**

Tag; End of wall 7, facing 12 o'clock, do the following 4 counts;

NIGHTCLUB BASIC X2

1,2& Step Right to Right side, rock Left behind Right, recover weight on Right

3,4& Step Left to Left side, rock Right behind Left, recover weight on Left

Ending; On the last wall you will dance to count 7 of Section 1 - 'sway to Left'.

You will be facing 12 o'clock so from there just roll a full turn over your Right shoulder stepping Right, Left, Right. Ta-Da!!!